
Katherine Hollis Lyman

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EDUCATION AND TRAINING

Professional Science Master's, University of Denver **September 2020 — June 2022**
Biomedical Sciences

Capstone: Traumatic Brain Injury: Using research to develop recommendations for improved recovery

Master of Arts, University of Denver **September 2017 — June 2019**
Sport and Performance Psychology

Capstone and Diversity Project: Lessons learned in a master's program: Time spending, buy in, and consulting excellence

Bachelor of Science, The Ohio State University **September 2009 — June 2012**
Double Major in Psychology and Criminology
Dean's List Autumn 2010, Winter 2011

EMPLOYMENT

Counselor, Consulting at Creative Directions Counseling & Consulting, Grand Junction
October 2022 — Present

- Providing mental and behavioral health counseling for individuals, couples, and groups.
- Specialized focus on neurotrauma and psychological trauma in all ages.

Colorado OUD/SUD Training (COST) Program Coordinator at University of Denver, Denver

November 2019 — October 2022

- Assist the Project Director and Co-PI with all activities for a federal grant awarded through Health Resources & Services Administration (HRSA).
- Assist with cohort selection; coordinate with the Graduate School of Professional Psychology (GSPP) Field Placement Director, GSPP administrators, and COST experiential partner sites to ensure student training is seamless.
- Coordinate and lead GSPP HRSA COST Team meetings, and Project Director and Co-PI's meetings with experiential training partner sites.
- Coordinate with GSPP Grant Administrator and central DU grant office on financial duties, including payroll, invoicing, and purchasing.

- Recruit, set up, and assist with continuing education trainings and workshops.
- Assist with data collection and data analysis, evaluation activities, follow-up with graduates to collect HRSA-required and GSPP information, reporting activities, help prepare publications and presentations, and work with cohort students to ensure all clinical hours, paperwork, and other requirements are completed and recorded.
- Track and complete federal reporting requirements per the NoA.
- Member of the Dean's Diversity Committee, LGBTQIA+ Sub Committee committed to amplifying the voices of diverse students, staff, faculty, and community partners.

Adjunct Faculty, University of Denver

January 2021- Present

Master's Level Courses: Research Methods (Winter 2020, Winter 2021)

- Development of department-wide core competencies for research methods and statistics courses taught at the Graduate School of Professional Psychology (in tandem with a post-doctoral student).
- Redesigned this research methods course to better serve the applied needs of this student population.
- Mentorship of students in conducting small scale research projects using existing data sets to help them prepare for doctoral applications and research.

Undergraduate Courses: Foundations in Kinesiology and Sport Studies (Spring 2022)

- This course is part of a new minor being offered in Kinesiology and Sport Science at the University of Denver.
- Designing and development of new course in partnership with the program director.
- Aim to expose students to the wide variety of careers in sport sciences, the history and cultural implications of sport sciences, and to engage student interest in a potential undergraduate major in this same specialty area.

Affiliate Instructor, Regis University

January 2022

Undergraduate Courses: Lifespan Development (Spring 2022)

- This course is an upper division course for primarily pre-medical students in the department of Psychology and Neuroscience
- Course design and development focusing on perinatal through death developmental changes and neurodegeneration implications for biology, psychology, and environmental impacts through a culturally aware lens.

Founder & Coach at Unlimited Force Training, LLC, Denver

January 2018 — Present

- Founding of a personal coaching and training company that focuses on personalized physical, psychological, and spiritual health.

- Served over 60 individuals ranging from beginners taking control of their health to elite level athletes aiming for the podium.
- Head coach for: KIPP Denver Collegiate High School Cross Country (2018-2021) and Squid-LGBTQIA+ Swim Team (2017- current).

Research Assistant- Colorado Evaluation and Action Lab at University of Denver, Denver

October 2019 — June 2020

- Assisted with a US Department of Health and Human Services Grant funded collaborative project reviewing an intervention for criminal justice involved individuals who reported histories of traumatic brain injuries.
- Data collection and manuscript development.
- Culminated in a publication and stakeholder led Senate Bill 138 being enacted to create more intervention pilot programs.

Research Assistant

November 2018 — June 2020

- Dr. Kim Gorgens' Traumatic Brain Injury Lab
 - Project lead and mentor
 - Lab focus on justice involved individuals, domestic violence survivors, and athletes.
 - Current project: gender differences in symptomology and outcomes after acquiring a brain injury.
- Dr. Jena Doom's Developmental Origins of Mental and Physical Health Lab.
 - Current Project: relationship between adverse childhood experiences and acquired brain injury later in life. Manuscript development.
 - Current Project: Assist a doctoral student with qualitative project on adolescent attitudes and wellbeing during COVID-19.
- Dr. Dan Linseman's Neurodegeneration Lab.
 - Current Project: Assisting a doctoral student with correlations between neurotransmitter metabolites and precursors to psychological and physiological symptoms in persons with a history of brain injury. Manuscript development.
- Dr. Eric Chess in the Knoebel Institute for Healthy Aging
 - Proposed Project: Assessing adverse childhood experiences and memory performance in persons over 50 years of age.
- Dr. Lotta Granholm-Bentley with the Down Syndrome Biobank Consortium
 - Developed and manage the REDCap database for this international biobank.
- Concussion Research Collaborative
 - Update, re-designed, and managed the REDCap database for this University of Denver and CU-Denver, Anschutz, interdisciplinary collaborative.

CLINICAL EXPERIENCE

Interning MA Level Therapist at The Brain Injury Alliance of Colorado

January 2021- Present

- Serving as a clinical intern seeing individual clients and caregivers for therapy and leading clinical research efforts at The Brain Injury Alliance of Colorado whom offers resources for persons with brain injury to help them thrive. Pursuing hours towards LPC.

Mental Performance Consultant at Center for Performance Excellence

September 2018 — June 2019

- Student consultant for the Adaptive Sport Foundation Youth Sled Hockey Team, Rapids Soccer Regional Coaches, the Aurora Fire Fighter Academy, a Rapids Youth Soccer Team, Northfield High School Coaches, and LIM 365 Adaptive Sports.

RESEARCH

Publications:

1. Gorgens, K., Meyer, L., Kantor, C., **Lyman, H.**, Knauer, R., Levy, M. (Under review). Women in Criminal Justice with Traumatic Brain Injury: Differences in Comorbidities and Criminal History. *Feminist Criminology*.
2. Tackett, M. J., Gorgens, K., Miller, M. A., & **Lyman, K. H.** (2022). Understanding the rehabilitation psychology specialty career pathway. *Rehabilitation psychology*, 67(1), 1–8. <https://doi.org/10.1037/rep0000424>
3. Gorgens, K. A., Meyer, L., Dettmer, J., Standeven, M., Goodwin, E., Marchi, C., & **Lyman, H.** (2021). Traumatic Brain Injury in Community Corrections: Prevalence and Differences in Compliance and Long-Term Outcomes Among Men and Women on Probation. *Criminal Justice and Behavior*. <https://doi.org/10.1177/00938548211010316>

Blog Posts:

1. Lyman, Katherine. (2020) Hidden Burdens of Concussions and Science Communication featured on Science Talk [Blog post]. Retrieved from <https://www.sciencetalk.org/a-science-blog/the-hidden-burdens-of-concussions-and-science-communication>
2. Lyman, K.H. (2018) *The Path to Mastery*, 3 part series featured in Rapids Youth Soccer League Newsletter [Blog Post]. Retrieved from <http://rapidsyouthsoccer.org/path-to-mastery-part-1/>

Presentations:

1. **Lyman, H.** (2022) *Understanding and reconstructing sense of self after brain injury*. Presented twice at Breaking Barriers: Brain Injury Conference by Brain Injury Alliance of Colorado.
2. Golub, N., **Lyman, H.**, Gorgens, K., Davidson, B., Mapoles, S., Osherow, E., & Pierro, H. (2022). *Preseason performance differences between youth with and without a concussion history on a computerized neuropsychological assessment measure*. 2022 Association of Applied Sport Psychology Conference, AASP 2022.
3. Mapoles, S., **Lyman, H.**, Le, K., Osherow, E., Matson, J., Golub, N., & Gorgens, K. (2021). *Mechanisms of injury differ for justice-involved persons reporting a history of brain injury*. Poster presentation at Front Range Neuroscience Group, Fort Collins, Colorado.

4. **Lyman, K. H.**, Kantor, C., Martin, D., Pontius, M., Kane, B., Tatum, K., & Gorgens, K. (2022) *Women with Brain Injury in Criminal Justice: Differences in Comorbidities*. Poster presentation at the American Psychology-Law Society Conference, Denver, CO.
5. Golub, N., **Lyman, K. H.**, Mapoles, S., Le, K., Osherow, E., & Gorgens, K. (2022) *Comorbidities of violence exposure and brain injury in a juvenile justice involved population*. Poster presentation at the American Psychology-Law Society Conference, Denver, CO.
6. **Lyman, K. H.**, & Valdez, L. (2022) *Understanding and reconstructing sense of self after brain injury*. Oral presentation at the Division 22 Rehabilitation Psychology Conference, Louisville, KY.
7. Osherow, E., Mapoles, S., **Lyman, H.**, Le, K., Golub, N., Gorgens, K. "Mechanisms of Significant Traumatic Brain Injury." Rehabilitation Psychology Conference (Division 22 of the American Psychological Association). August 4-6, 2022. Minneapolis, MN.
8. Gorgens, K., **Lyman, K. H.**, & Kantor, K. (2022) *Women with Brain Injury in Criminal Justice: Differences in Comorbidities*. Poster presentation at the Division 22 Rehabilitation Psychology Conference, Louisville, KY.
-Runner-up prize for best poster from the Women's Section
9. Golub, N., **Lyman, H.**, & Gorgens, K. (2021) *Psychosocial Comorbidities of Sport-Related TBI: Assessing History in Juvenile Justice*. Poster presentation at the Association for Applied Sport Psychology 36th Annual Conference, Virtual.
10. **Lyman, K. H.** (2021) *How Much is a Life Worth? Medical Rationing, Persons who are Trans**, and *Persons with Disabilities*. Virtual live presentation at HerDU, Denver, CO.
11. Rivera, K. M., **Lyman, H.**, Hoffman, M., Scott, S., Rozek, C. S., & Doom, J. R. (2021) *Qualitative analysis of adolescent social life during the COVID-19 pandemic*. Poster presented at the biennial meeting for the Society for Research in Child Development, Virtual.
12. Wyatt, O., Novak, M., **Lyman, H.**, Stem, D., & Gorgens, K. (2019, October). *Revisiting the prevalence of sport-related traumatic brain injuries in the criminal justice system*. Poster presented at the Association for Applied Sport Psychology 34th Annual Conference, Portland, OR.
13. Standeven, M., **Lyman, K. H.**, Goodman, E., Murphy, A., Gorgens, K., Dettmer, J., Meyer, L., Knauer, R., & Horsfall, J. (2019, May) *Reducing Recidivism for Justice-Involved Individuals with Traumatic Brain Injury: Determining the Efficacy of a Screening, Identification, and Referral Model*. Poster presented at University of Denver Research Showcase, Denver, CO.
14. **Lyman, K. H.** (2019) *Trauma in Sport*. Presentation at the Association for Applied Sport Psychology, Southwest Regional Conference, Denver, CO.
15. Wyatt, O., **Lyman, K. H.**, White, J. M., Granholm, A. C., Davidson, B., Ledreux, A., Shelburne, K., Pryhoda, M., Gilmore, A., Oduleye, N., Mackenzie, M., King, H., Regan, C. & Webb, T. (2018, December). *A model study of multifactor concussion assessment*. Poster presented at the 16th annual meeting of the Front Range Neuroscience Group, Fort Collins, CO.

16. Webb, T., Granholm, A. C., Gorgens, K., Ledreux, A., Shelburne, K., Pryhoda, M., Gilmore, A., Wyatt, O. R., Oduleye, N., Mackenzie, M., King, H., **Lyman, K. H.**, White, J. M., Regan, C., & Davidson, B. (2018, December). *Clinical Balance Testing for the Sensitivity of Concussion History in Division One Athletes*. Poster presented at the 16th annual meeting of the Front Range Neuroscience Group, Fort Collins, CO.
17. Regan, C., Granholm, A. C., Gorgens, K., Ledreux, A., Shelburne, K., Pryhoda, M., Gilmore, A., Wyatt, O. R., Oduleye, N., Mackenzie, M., King, H., **Lyman, K. H.**, White, J. M., Webb, T., & Davidson, B. (2018, December). *Biomedical balance measurement and vestibular-ocular system sensitivity to acute concussion*. Poster presented at the 16th annual meeting of the Front Range Neuroscience Group, Fort Collins, CO.
18. Gilmore, A., Davidson, B., Gorgens, K., Ledreux, A., Shelburne, K., Pryhoda, M., Wyatt, O. R., Oduleye, N., Mackenzie, M., King, H., **Lyman, K. H.**, White, J. M., Regan, C., Webb, T., & Granholm, A. C. (2018, December). *Plasma and neuron-derived exosome biomarker levels in athletes with acute mTBI and chronic mTBI*. Poster presented at the 16th annual meeting of the Front Range Neuroscience Group, Fort Collins, CO.
19. **Lyman, K. H.**, & Bracy, A. (2018) *Women in Ultra Running*. Presentation at the Association for Applied Sport Psychology, Southwest Regional Conference, Denver, CO.
20. Bishop, B., **Lyman, K. H.**, Pasquarello, N., & Wang, T. (2011) *Effects of Power and Status on Punishment Severity*. Poster presented at the 24th Convention for Association for Psychological Science, Chicago, IL.

Journal Reviewer:

- *The Surgery Journal*
- *PLOS One*
- *American Psychologist*
- *Journal of Offender Rehabilitation*
- *Substance Use and Misuse*
- *Professional Psychology: Research and Practice*

SERVICE

- Diversity, Equity, Consent, and Inclusion (DICE) Team (2022- Current)
- Alumni field placement supervisor: Master's in Sport and Performance Psychology program at the University of Denver's Graduate School of Professional Psychology
- Blocks, Neighborhoods, and Communities Founding Committee (August 2021 – Current)
- Colorado Palliative & Hospice Care, Legacy Stories interviewer & writer (2020 – Current)
- APA Division 47 Cornerstone Committee (2019 – 2022)
 - APA Division 47, Chair of Mentorship program (2022- current)
- Colorado Poor People's Campaign, Coordinating Committee (May 2020 – August 2021)
- The Blue Bench, Hotline Advocate for sexual assault survivors (November 2018 – April 2021)
- APA Division 47, Sport Psych Works contributor & editor (2019 – 2020)

